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The 1993 Annual Index lists articles by regular department, author, and subject. Note that subject headings have been reconsidered and may not match those used in previous years. One- or two-letter codes after articles in the author and subject sections indicate the article type:

BK: Book Review
CL: Clinical
CM: Commentary
CR: Case Report
EM: Emergencies in Sports
EQ: ECG Quiz
EX: Exercise Adviser
F: Feature
IN: In My Experience
L: Listing
NB: News Brief
NU: Nutrition and Fitness
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QA: Question and Answer
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